

**CONSHOHOCKEN AMBUCS SPECIAL ATHLETIC PROGRAMS
SPECIAL OLYMPICS MONTGOMERY COUNTY
ASAP BOWLING LEAGUE**

STARTING: Sunday, September 9, 2012
Facenda-Whitaker Lanes, 2912 Swede Rd., East Norriton

**TIME: 11:00 am - Registration - New medicals or updates are due
the first day of bowling**

11:15 am - Practice Bowl Begins

11:30 am - Bowling Begins

COST: Athletes - no charge
All Other Bowlers - \$6.00 for 2 games, shoes included

Bowling is over by 1:00 PM - Please do not be late

- To qualify for the Bowling Tournament in December you must bowl 15 games during the bowling season.
- Athletes need to bring the following the first week of bowling:
 1. Medical update form, two sides
 2. A copy of your medical insurance card
- ◆ You may not bowl if your medical is dated before 9/9/2009.

Hope to see you on September 9 at Facenda-Whitaker.

Vince Flocco
610-828-6904



Special Olympics
Pennsylvania
Montgomery County

Special Olympics Montgomery County

Medical Update

THIS FORM & A COPY OF THE ATHLETES INSURANCE CARD
MUST BE HANDED IN THE FIRST WFK OF PRACTICE

Athlete's Name _____ Phone _____

Email _____ Cell Phone _____

Address, City, State, Zip _____

Insurance Information MUST be filled in. Please Provide a COPY of Athlete's Insurance Card.

Insurance Co. _____

Policy Number _____

<u>Medication</u>	<u>Dosage</u>	<u>Amount/Time</u>	<u>Reason</u>

- No medications, of ANY kind, prescription or over-the-counter, will be given unless specified above.
- Is permission given to administer Tylenol, if needed: (yes or no) _____
- Is Athlete self-medicating? (yes or no) _____
- Is Athlete knowledgeable about medications? (yes or no) _____
- Does the Athlete have allergic reactions to anything. Medications, bee stings, food, etc. (yes or no) _____
- Please state allergy _____
- Family/Caregiver concerns _____
- _____

Signature of Parent/Guardian _____ Date _____

This Completed Form and a copy of the Athlete's Insurance Card Must Be Returned on the first Day of Practice

Complete the following if athlete has seizures. If athlete does not have seizures please note with "N/A"

Athlete's Name _____

Type of seizure _____ Frequency _____

Date of last seizure _____ Length of Seizure _____

Describe usual characteristics of seizure _____

Indicate each of the following as:

A: Always

S : Sometimes

N : Never

_____ Falls to floor

_____ Loss of response

_____ Clenched jaw

_____ Abnormal eye movement

_____ Lips pale

_____ Rigid trunk, arms and legs

_____ Lips blue

_____ Difficult to arouse after seizure

_____ Frothy saliva

_____ Jerking movements of arms and legs

Describe activity that appears to precipitate seizure _____

Describe actions to be taken if your athlete has a seizure _____

Describe athlete's activity level after a seizure _____

Do you wish to have an ambulance called immediately in the event your athlete has a seizure?

If there is any evidence of respiratory distress or injury or if the seizure lasts more than 5 minutes, an ambulance will be automatically called. In the event an ambulance is called to the scene, the Athlete/Parent's primary insurance carrier will be billed. Whatever is not covered can then be submitted for coverage through Special Olympics insurance.

Athlete's Physician _____ Phone _____

Athlete's Neurologist _____ Phone _____

Parent/Guardian _____ Phone _____

Signature of Parent/Guardian _____ Date _____

CONSHOHOCKEN AMBUCS
2012 - 2013 SPECIAL ATHLETIC PROGRAMS
www.conshyambucs.org

Aquatics	October 2012 - Thursdays, 7:30 pm to 8:30 pm. Plymouth Whitemarsh High School. Date to be announced
Basketball	December 6, 2012 - Thursdays, 6:00 pm to 7:30 pm & December 9, 2012 - Sundays, 11:30 am to 1:00 pm. Fellowship House, Conshohocken
Bocce	July 21, 2012 - Saturdays, 9:30 am to 11:00 am CBC Club, West 3rd Ave., Conshohocken
Bowling	September 9, 2012 - 11:15 am to 1:00 pm Facenda-Whitaker Lanes, Swede Rd., East Norriton
Long Distance Running	January 2013 - Call Scott Otterbein For time and location
Softball	April 2013 - Thursdays, 6:00 pm to 8:00 pm; Saturdays, 10:00 am to 12:00 Colonial Middle School, Belvoir Road, Plymouth
Track & Field	March 2013 - Thursdays, 5:30 pm to 8:00 pm at Colonial Middle School Sundays, 11:30 am to 1:15 pm. Date to be announced Plymouth Whitemarsh High School
Volleyball	August 2012 - Thursday, 6:00 pm to 8:00 pm Fellowship House, Conshohocken

CONTACTS

Aquatics	Fred Weissberger - 215-836-2036
Basketball	Fran Brett - 215-672-9263 or 215-416-0754 (cell)
Bocce	Chicky Marino - 610-834-8872 Tom Wisilo - 484-531-5829
Bowling	Vince Flocco - 610-828-6904 (ASAP Coordinator)
Long Distance Running and Track & Field	Scott Otterbein - 215-233-3795
Softball & Volleyball	Norma Hawk - 215-836-7027 (H) or 215-850-4845 (cell)